

Healthcare Cost Containment Committee Minutes
Zoom Meeting
February 14, 2023
3:30 p.m.

Attendees: Taylor Bowse, Debie Clayton, Kim DeMaso, Mary Ethier, Melissa Fazlic, Kelly Grassini, Steve Claire, Ken Martin, Fern Seiden, Sandy Swanson,

1. Approval of November 21, 2022 Minutes

The November 21, 2022 minutes were accepted.

2. Membership Vacancies

Efforts are being made to fill the vacancies.

3. HealthTrust Update

Taylor Bowse reported HealthTrust has partnered with Virgin Pulse for the Slice of Life Program.

Significant Changes to the Slice of Life Program include:

- “Pulse Cash” replaced the quarterly checks.
- Points translate to Pulse Cash
- Pulse Cash accumulates until you use it (donation, purchase an item or gift card)
- If you leave employment there is a determined amount of time to use Pulse Cash.

Slice of Life Challenges will be introduced soon.

HealthTrust has partnered with ComPsych Guidance Resources for the Employee Assistance Program (EAP). Individuals do not need to carry the District’s health insurance in order to utilize this program. The phone number is 800-759-8122.

Debie Clayton reported the full Board of Directors will meet on March 28.

4. Future Meeting

The last meeting of the school year will be Tuesday, June 13, 2023.

The meetings will be held at the high school in the main office conference room with the option to participate via zoom from 3:30 to 4:30 p.m.

Feel free to bring your own snack and/or water.